

ROBERT J. TROELL, M.D., F.A.C.S.
(Revised September 2012)

Birth Place: Newton, New Jersey, USA

Practice Name: Beauty by Design

Website: www.drтроell.com

Email Address: rjtroell@gmail.com

Business Address: *The Center of Excellence for Facial Plastic
& Reconstructive Surgery
The Institute for Advanced Body Sculpting*

7975 W Sahara Ave, Suite 104
Las Vegas, NV 89117
(702) 242-6488, Fax: (702) 242-9740

31852 Pacific Coast Highway, Suite 203
Laguna Beach, CA 92651
(949) 706-1115, Fax: (702) 242-9740

EDUCATION HISTORY

Undergraduate Education

University of South Florida, Tampa, Florida,
Bachelor of Science (BS), Biology, Graduation: 1984

Honors:

Magna Cum Laude
Member of Phi Kappa Phi Honor Society
Member of Alpha Epsilon Delta Honor Society
Dean's List: 1981-1984

Medical Education

University of South Florida, College of Medicine, Tampa, Florida,
Doctor of Medicine, Graduation: 1988

Honors:

Community Healthcare Preceptorship Member
Organ Procurement Team Member

POSTGRADUATE TRAINING

Internship

General Surgery, Department of Surgery, San Diego Naval Hospital, San Diego, California: 1988-1989

Post-Internship Military Experience

General Medical Officer, United States Navy, Fleet Marine Force Pacific, Okinawa, Japan: 1989-1990

Residency

Otolaryngology-Head and Neck Surgery, Oakland Naval Hospital, Oakland, California: 1990-1992

Otolaryngology-Head and Neck Surgery, Stanford University Medical Center, Stanford, California: 1992-1993

Chief Resident, Otolaryngology-Head and Neck Surgery, Stanford University Medical Center, Stanford, California: 1993-1994

Fellowship

Sleep Medicine, Stanford University Medical Center, Stanford, California: 1995-1996

PROFESSIONAL EXPERIENCE

CLINICAL APPOINTMENTS

Clinical Instructor, Department of Surgery, Division of Otolaryngology-Head and Neck Surgery, Stanford University Medical Center, Stanford, California: 1994-1998

Attending Physician, Department of Otolaryngology-Head and Neck Surgery, Palo Alto Veterans Administration Medical Center, Palo Alto, California: 1995-1998

Clinical Instructor, Associate Director of Sleep Surgery, Department of Psychiatry and Behavioral Sciences, Stanford Sleep Disorders Clinic, Center of Excellence, Stanford University Medical Center, Stanford, California: 1997-2001

Adjunct Professor, Touro University Nevada, College of Osteopathic Medicine, Department of Otolaryngology-Head & Neck Surgery: 2012

EMPLOYMENT HISTORY

Current Positions

Beauty By Design, The Center of Excellence for Facial Plastic & Reconstructive Surgery, President, Physician and Surgeon, Las Vegas, Nevada, and Laguna Beach, California, 2001- present.

The Institute of Advanced Body Sculpting, Director, Las Vegas, NV, and Newport Beach, CA, 2003- present.

Las Vegas Wranglers Hockey Team, Team Physician, Otolaryngology/Head & Neck Surgery, Facial Plastic & Reconstructive Surgery, Las Vegas, Nevada, 2005- present.

Certified Clinical Instructor, DOT Therapy Fractional Carbon Dioxide Laser Skin Resurfacing, Water-Jet Assisted Liposuction, Face & Body Fat Grafting, EclipseMed, Dallas, Texas, 2008-2010.

Medical Staff Physician, Advanced Neurodiagnostics Sleep Clinic, Las Vegas, Nevada, 2011-present.

Clinical Instructor, Ultrasound-Assisted (VASER) Liposuction, & Fat Grafting, Sound Surgical Technologies, Littleton, Colorado, 2010-present.

Past Positions

Vice-Chairman, Department of Otolaryngology-Head and Neck Surgery, Naval Medical Command, Oakland, California: 1994-1995.

Chairman, Department of Otolaryngology-Head and Neck Surgery, Naval Medical Command, Oakland, California: 1995-1996.

Facial Reconstructive Surgical & Medical Group; Palo Alto, California: 1996-2001.

Medical Staff Physician, American Sleep Diagnostics, Las Vegas, Nevada, 2002-2004.

Chief Medical Officer, Pure Med Spa, Ontario Canada: 2007-2008.

Chief Medical Officer, Brite Smile Brite Skin: Boca Raton Florida: 2008-2009.

Medical Director, Sleep Logistics Diagnostic Clinics, Las Vegas, Nevada, 2004-2010.

Independent Contractor, Lifestyle Lift, Las Vegas NV, 2007-2009.

PROFESSIONAL SOCIETY MEMBERSHIPS

American Academy of Facial Plastic & Reconstructive Surgery
American Academy of Otolaryngology-Head and Neck Surgery
American Academy of Cosmetic Surgery
American Society of Liposuction Surgery
American Academy of Sleep Medicine
American College of Surgeons
California Academy of Cosmetic Surgery

LICENSURE

Medical Licensure, State of California
Medical Licensure, State of Nevada
Medical Licensure, State of Arizona (inactive)
Medical Licensure, State of Washington (inactive)
Medical Licensure, State of Oregon (inactive)
Medical Licensure, State of Georgia (inactive)

CERTIFICATIONS

Diplomate, American Board of Facial Plastic and Reconstructive Surgery
Diplomate, American Board of Cosmetic Surgery, Facial Plastic Surgery
Board Eligible, American Board of Cosmetic Surgery, Breast, Body & Extremity (Oral Examination October 2012)
Diplomate, National Board of Medical Examiners
Diplomate, American Board of Otolaryngology-Head and Neck Surgery
Diplomate, American Board of Sleep Medicine
Fellow, American College of Surgeons
Advanced Cardiac Lift Support (expires: April 2013)

PROFESSIONAL HONORS

Highest Score on the Oral Examination; American Board of Facial Plastic & Reconstructive Surgery, 1996.
Certificate of Honor, American Academy of Otolaryngology-HNS, 2004.
Highest Score on the Oral Examination, Robert F. Jackson, MD Award, American Board of Cosmetic Surgery, 2011.
The Best Non-Surgical Body Shaping Enhancement, The Aesthetic Show, Las Vegas, Nevada, 2011.
Candidacy approved for International Association of Healthcare Professionals, The Leading Physicians of the World, 2011.
Candidacy approved for the Leading Health Professionals of the World, International Biographical Centre, Great Britain, 2011.

PROFESSIONAL HONORS (continued)

US News voted one of “The Best Doctors” in Las Vegas, 2011, one of three in surgical specialty, Otolaryngology-Head & Neck Surgery, Facial Plastic & Reconstructive Surgery.

AVVO voted “Top Doctors” in Southern Nevada 2012 in Plastic Surgery, published in Las Vegas Life

US Navy Honors: Meritorious Service Medal, Humanitarian Service Medal, Meritorious Unit Commendation, National Defense Service Medal, Fleet Marine Force Medal, Sea Service Deployment Ribbon, Pistol Expert (Honorable Discharge 1996)

COMMITTEES

Member Pharmacy and Therapeutics Committee, Naval Medical Command, Oakland, California: 1994-1996

Medical Records Review Committee, Naval Medical Command, Oakland, California: 1994-1996

Polysomnography Committee, Sequoia Sleep Disorders Center, Sequoia Health Services, Redwood City, California: 1996-2001

Sleep Disorders Committee, American Academy of Otolaryngology-Head and Neck Surgery, Arlington, Virginia: 1997-2003

Clinical Practice Review Committee, American Academy of Sleep Medicine, Rochester, Minnesota: 1999-2003

Surgery Committee, Chairman for Otolaryngology-Head & Neck Surgery, Summerlin Hospital Medical Center, Las Vegas, Nevada: 2004-2005

Public Relations Committee, Clark County Medical Society, Las Vegas, Nevada: 2004-2005

RESEARCH EXPERIENCE

1. Powell NB, Riley RW, Li KK, Troell RJ: The efficacy of radiofrequency volumetric reduction on the soft palate, nasal turbinates and tongue in reducing the size of each anatomic region and its effects in treating upper airway collapse in patients with obstructive sleep apnea.
2. Troell RJ, Riley RW, Powell NB, Li KK, Kushida, C, Guilleminault C: Objective evaluation of neurocognitive changes after nasal CPAP

and surgical therapy for sleep-disordered breathing. (Stanford Investigational Review Board approval of study protocol).

3. Troell, RJ: Efficacy of platelet glue in decreasing bleeding and scarring complications in endoscopic sinus surgery.
4. The effect of full course radiotherapy on bone and soft tissue healing, Department of Surgery, Division of Otolaryngology/Head and Neck Surgery, University of South Florida, College of Medicine, Tampa, Florida.
5. Powell NB, Riley RW, Gulleminault C, Bloom M, Troell RJ: The effect of alcohol in control patients on psychomotor vigilance (reaction time) compared to patients with untreated obstructive sleep apnea syndrome.
6. Troell RJ: A technique for lip augmentation using the pericranial graft: long term results.
7. Troell RJ: Results of Upper Airway Reconstructive Surgery for Consecutive Patients with Obstructive Sleep Apnea
8. Troell RJ: Comparing Lutronic and DEKA fractional carbon dioxide lasers, intraoperative discomfort and aesthetic outcome
9. Fat harvesting and processing techniques- determining best methods currently available
10. Liposuction techniques- determining best methods currently available
11. Non-invasive body contouring techniques- determining best methods currently available
12. Skin care anti-aging products- determining best methods currently available
13. Cellulite treatment minimally invasive and noninvasive techniques- determining best methods currently available
14. Sleep mattresses- determining best construction currently available by objectively evaluated polysomnographic data in three mattress fabrications
15. Fat harvesting and fat processing- determining the method with the highest fat and stem cell viability currently available

JOURNAL PUBLICATIONS

- 1) Riley R, Powell N, Guilleminault C, Clerk A, Troell R: Obstructive sleep apnea: Trends in therapy. *West J Med.* 162(2): 143-148, 1995.
- 2) Troell RJ, Terris DJ: Detection of distant metastases from head and neck cancer. *Laryngoscope.* 105(3): 247-250, 1995.

(Selected for re-publication in *Practical Reviews in Otolaryngology-Head and Neck Surg.* 2-12(2), 1995.)
- 3) Terris DJ, Clerk AA, Norbash A, Troell RJ: Characterization of postoperative edema following laser-assisted uvulopalatoplasty using magnetic resonance imaging and polysomnography: Implications for the outpatient treatment of obstructive sleep apnea syndrome. *Laryngoscope.* 106(2): 124-128, 1996.

(Selected for re-publication in *Practical Reviews in Otolaryngology-Head and Neck Surg.* 10-11(15), 1996.
- 4) Powell N, Riley R, Guilleminault C, Troell R: A reversible uvulopalatal flap for snoring and sleep apnea syndrome. *Sleep.* 19(7): 593-599, 1996.
- 5) Koch RJ, Troell RJ, Goode RL: Contemporary management of the aging brow and forehead. *Laryngoscope.* 107(6): 710-715, 1997.
- 6) Riley RW, Powell NB, Guilleminault C, Pelayo R, Troell RJ, Li KK: Obstructive sleep apnea surgery: Risk management and complications. *Otolaryngol Head Neck Surg.* 117: 648-652, 1997.
- 7) Troell RJ, Strom CG: Surgical therapy for snoring. *Federal Practitioner.* 14(3): 29-52, 1997.
- 8) Powell NB, Riley RW, Guilleminault C, Blumen M, Troell RJ: Radiofrequency volumetric reduction of the tongue: A porcine study for the treatment of obstructive sleep apnea syndrome. *Chest.* 111: 1348- 1355, 1997.
- 9) Powell NB, Riley RW, Troell RJ, Li, KK, Blumen M, Guilleminault C: New technology for snoring and obstructive sleep apnea syndrome: Radiofrequency volumetric tissue reduction (RFVTR) of the palate. *Chest.* 113: 1163-1174, 1998.

- 10) Li, KK, Powell NB, Riley RW, Troell RJ, Guilleminault C: Radiofrequency volumetric tissue reduction of turbinate hypertrophy- A pilot study. *Otolaryngol Head Neck Surg.* 119: 569-73, 1998.
- 11) Li, KK, Riley RW, Powell NB, Troell RJ, Guilleminault C: Overview of phase I surgery for obstructive sleep apnea syndrome. *ENT.* 78(11): 836-845, 1999.
- 12) Li, KK, Riley RW, Powell NB, Troell RJ, Guilleminault C: Overview of phase II surgery for obstructive sleep apnea syndrome. *ENT.* 78(11): 851-857, 1999.
- 13) Troell RJ, Powell NB, Riley RW, Li, KK: Evaluation of a new procedure for nasal alar rim and valve collapse: Nasal alar rim reconstruction. *Otolaryngol Head Neck Surg.* 122: 204-211, 2000.
- 14) Li, KK, Riley RW, Powell NB, Zonado A, Troell RJ, Guilleminault C: Postoperative airway findings after maxillomandibular advancement for obstructive sleep apnea. *Laryngoscope.* 110: 325-327, 2000.
- 15) Troell RJ, Powell NB, Riley RW, Li, KK, Guilleminault C: Comparison of postoperative pain between laser-assisted uvulopalatoplasty, uvulopharyngoplasty and radiofrequency volumetric tissue reduction of the palate. *Otolaryngol Head Neck Surg.* 122: 402-409, 2000.
- 16) Riley R, Powell N, Li KK, Troell R, Guilleminault C: Surgery and obstructive sleep apnea: Long-term clinical outcomes. *Otolaryngol Head Neck Surg.* 122: 415-421, 2000.
- 17) Li KK, Powell N, Riley R, Troell R, Guilleminault C: Radiofrequency volumetric reduction of the palate: An extended follow-up study. *Otolaryngol Head Neck Surg.* 122: 410-414, 2000.
- 18) Troell, R: Contemporary surgical approaches to upper airway reconstruction in sleep-disordered breathing. *OtoRhinoLaryngol Nova.* 10: 138-148, 2000.
- 19) Li KK, Riley R, Powell N, Gervacio L, Troell R, Guilleminault C: Obstructive sleep apnea surgery: Patients' perspective and polysomnographic results. *Otolaryngol Head Neck Surg.* 123: 572-575, 2000.

- 20) Li KK, Powell N, Riley R, Troell R, Guilleminault C: Long-term results of maxillomandibular advancement. *Sleep and Breathing*. Vol. 4: 137-139, 2000.
- 21) Powell NB, Schechtman KB, Riley RW, Li KK, Troell RJ, Guilleminault C: The road to danger: The comparative risks of driving while sleepy. *Laryngoscope*. 111: 1-7, 2001.
- 22) Meoli AL, Casey KR, Clark RW, Coleman JA, Fayle RW, Troell RJ, Iber C: Hypopnea in sleep-disordered breathing in adults. *Sleep*. 24 (4): 469-470, 2001.
- 23) Powell NB, Zonato AI, Weaver EM, Li KK, Troell RJ, Riley RW, Guilleminault C: Radiofrequency treatment of turbinate hypertrophy in subjects using continuous positive airway pressure: A randomized, double blind, placebo-controlled clinical pilot trial. *Laryngoscope*. 111: 1783-1790, 2001.
- 24) Li KK, Troell R, Riley R, Powell N, Koester U, Guilleminault C: Uvulopalatopharyngoplasty, Maxillomandibular Advancement, and the Velopharynx. *Laryngoscope*. 111: 1075-1078, 2001.
- 25) Li KK, Powell N, Riley R, Troell R. Obstructive sleep apnea surgery: Genioglossus advancement revisited. *Journal of Oral Maxillofacial Surg*. Vol. 59: 1181-1184, 2001.
- 26) Li KK, Powell N, Riley R, Troell R. Obstructive sleep apnea surgery: Genioglossus advancement revisited. *Journal of Oral Maxillofacial Surg*. Vol. 59: 1181-1184, 2001.
- 27) Troell, R: Sleep Disorders: One-on-one. *LV Health*. January 2002.
- 28) Meoli AL, Rosen CL, Kristo D, Kohrman M, Gooneratne N, Aguillard RN, Fayle RW, Troell RJ, Kramer R, Casey KR, Coleman JA: Upper airway management of the adult patient with obstructive sleep apnea in the perioperative period- Avoiding complications. *Sleep*. Vol. 26, No. 8: 1060-1065, 2003.
- 29) Meoli AL, Rosen CL, Kristo D, Kohrman M, Gooneratne N, Aguillard RN, Fayle RW, Troell RJ, Townsend, D, Claman D, Hoban, T, Mahowald, M: Oral nonprescription treatment for insomnia: An evaluation of products with limited evidence. *J Clin Sleep Med*. Vol. 1, No. 2: 173-187, 2005.
- 30) Troell, R. Sleep for Chiropractors 2012, Dynamic Chiropractic, October 2012.

JOURNAL PUBLICATIONS (PAPERS PENDING FOR SUBMISSION)

- 1) Troell RJ, Li KK, Powell NB, Riley RW, Guilleminault C: Radiofrequency reduction after palatoplasty in sleep-disordered breathing.
- 2) Troell RJ, Li KK, Powell NB, Riley RW, Guilleminault C: Pharyngeal pressure monitoring during nasopharyngoscopy in sleep-disordered breathing.
- 3) Troell RJ, Li KK, Powell NB, Riley RW: Genioglossus advancement in sleep-disordered breathing: Anatomical Relationships.
- 4) Troell, RJ: Evaluation of a new procedure for masseter muscle reduction for enhancing the proportions of the aesthetic face
- 5) Troell RJ: A technique for lip augmentation using the pericranial graft: long term results.
- 6) Troell RJ: Fractional microablative CO2 laser skin resurfacing: Aesthetic results of 100 consecutive patients.
- 7) Troell, RJ: Observation of lidocaine levels with water-jet assisted liposuction. Is the technique safe?
- 8) Troell, RJ: Face & body autologous fat grafting comparing suction-assisted liposuction, water-jet assisted, and ultrasound assisted in 90 patients.
- 9) Troell, RJ: Comparing liposuction techniques using suction-assisted liposuction, water-jet assisted, and ultrasound assisted in 150 patients.
- 10) Troell, RJ: Comparing Lutronic and DEKA fractional carbon dioxide laser outcomes in twenty patients.
- 11) Troell, RJ: Evaluation of the efficacy of four non-invasive body contouring devices in a randomized cross-over study

POSTER PRESENTATIONS

Troell RJ, Smith L: The transphenoidal approach to exteriorization of a giant cholesterol cyst. At: The American Academy of Otolaryngology/Head and Neck Surgery Annual Meeting, San Diego, California, 1994.

MEDICAL TEXT CHAPTER PUBLICATIONS

- 1) Riley RW, Troell RJ, Powell NB: Obstructive Sleep Apnea Syndrome: Current Surgical Concepts. In: Piccuch, JF, editor. *Oral and Maxillofacial Surgery Knowledge Update II*, Rosemont, Illinois: American Academy of Oral and Maxillofacial Surgery, Volume 2, 1998.
- 2) Troell RJ, Powell NB, Riley RW: Hypopharyngeal Airway Obstruction for Obstructive Sleep Apnea Syndrome. In: Millman, RP, editor. *Seminars in Respiratory and Critical Care Medicine*, New York: Thieme Medical Publishers, Inc. Volume 19 (2), 175-184, 1998.
- 3) Troell RJ, Riley RW, Powell NB, Li KK: Upper Airway Reconstructive Surgery for Sleep Disordered Breathing. In: Samuels S, Jaffe R, editors. *Anesthesiologist's Manual of Surgical Procedures*, 2nd Edition. Philadelphia: Lippincott, Williams & Wilkins Publishers, Inc., pp 157-162, 1998.
- 4) Troell RJ, Riley RW, Powell NB, Li KK: Surgical Management of Hypopharyngeal Airway Obstruction in Sleep-Disordered Breathing. In: Coleman J, editor. *Otolaryngologic Clinics of North America*, WB Saunders, Inc., Philadelphia, Pa, pp 979-1012, December, 1998.
- 5) Troell RJ, Riley RW, Powell NB, Li KK: Long-term Surgical Results in Sleep-Disordered Breathing. In: Coleman J, editor. *Otolaryngologic Clinics of North America*, WB Saunders, Inc., Philadelphia, Pa, pp 1031-1035, December, 1998.
- 6) Troell RJ, Li KK, Powell NB, Riley RW: Radiofrequency Tongue Base Reduction in Sleep-Disordered Breathing. In: Woodson, T., editor. *Otolaryngologic Operative Techniques in Otolaryngology-Head and Neck Surgery*, WB Saunders, Inc., Philadelphia, Pa, pp 47-49, Volume 11 (1), 2000.
- 7) Li KK, Powell NB, Riley RW, Troell RJ, Guillemineault, C: Radiofrequency Volumetric Reduction for Hypertrophic Turbinate.

- In: Woodson, T., editor. Otolaryngologic Operative Techniques, WB Saunders, Inc., Philadelphia, Pa, pp 24-25, Volume 11 (1), 2000.
- 8) Troell RJ, Li KK, Powell NB, Riley RW: Radiofrequency of the Soft Palate in Snoring and Sleep-Disordered Breathing. In: Woodson, T., editor. Otolaryngologic Operative Techniques, WB Saunders, Inc., Philadelphia, Pa, pp 21-23, Volume 11 (1), 2000.
 - 9) Troell, RJ: Lower pharyngeal airway surgery: Genioglossus advancement. In: Fairbanks, Mickelson, Woodson, editors. Snoring and Obstructive Sleep Apnea, Lippincott, Williams & Wilkins, Baltimore, MD, 2002.
 - 10) Troell RJ: Radiofrequency Techniques in Sleep-Disordered Breathing. In: Terris, DJ, editor. Otolaryngologic Clinics of North America, 36:473-493, WB Saunders, Inc., Philadelphia, Pa, 2003.
 - 11) Troell RJ, Terris, DJ: Sleep-Disordered Breathing & Snoring. In: Cummings Otolaryngologic Head & Neck Surgery, 4th Edition, Elsevier Health Sciences Company, St. Louis, MO, 2005.
 - 12) Troell RJ: Skeletal Mandibular Techniques in Sleep-Disordered Breathing. In: Terris, DJ, Goode R editors. Surgical Management of Sleep Apnea and Snoring, Marcel Dekker, Inc., New York, NY, 2004.
 - 13) Troell RJ: Skeletal Hypopharyngeal Techniques in Sleep-Disordered Breathing. In: Terris, DJ, Goode R editors. Surgical Management of Sleep Apnea and Snoring, Marcel Dekker, Inc., New York, NY, 2004.
 - 14) Troell RJ: Radiofrequency Tongue Base Reduction in Sleep-Disordered Breathing. In: Friedman, M., editor. Sleep Apnea and Snoring, 1st Edition, Elsevier, St Louis, Missouri, 2008.
 - 15) Troell RJ: Nasal Alar Rim Reconstruction for Nasal Rim and Valve Collapse, In: Melvin A. Shiffman, M.D., J.D., Alberto Di Giuseppe, M.D., editors. Advanced Rhinoplasty: Art, Science, and New Clinical Techniques, Springer Verlag, Berlin, 2012. (at publisher)

INVITED SPEAKER/PRESENTATIONS

- November 1991: Grand Rounds Lecture Series, Department of Otolaryngology/Head and Neck Surgery, Oakland Naval Hospital, Oakland, California. *Microtia: Evaluation and Surgical Therapy.*
- April 1992: Bay Area Resident Research Symposium, Oakland, California. *Sphenoid Sinusitis: A Not So Rare Disease in the Community Hospital.*
- April 1992: Grand Rounds Lecture Series, Department of Otolaryngology-Head and Neck Surgery, University of California, Davis, Sacramento, California. *Contemporary Management of Cervical Tuberculosis.*
- January 1993: Grand Rounds Lecture Series, Division of Otolaryngology-Head and Neck Surgery, Stanford University Medical Center, Stanford, California. *Management of Cerebrospinal Fluid Fistulae.*
- April 1993: Nursing Education Seminar: Clinical Applications of ENT and Plastic Surgery, Stanford University Medical Center, Stanford, California. *Nursing Care for Head and Neck Tumor Patients.*
- July 1993: Continuing Medical Education, Seminar to Otolaryngology Nursing Staff, Santa Clara Valley Medical Center, Santa Clara, California. *Nursing Care for Head and Neck Tumor Patients.*
- November 1993: Grand Rounds Lecture Series, Division of Otolaryngology-Head and Neck Surgery, Stanford University Medical Center, Stanford, California. *Diagnosis and Management of Aspiration.*
- January 1994: The Triologic Society, Western Section Meeting, La Jolla, California. *Detection of Metastases from Head and Neck Cancers.*
- June 1994: Sixth Annual Stanford Otolaryngology-Head and Neck Surgery Alumni Day, Stanford University Medical Center, Stanford, California. *Review of Petrous Apex Lesions.*
- June 1995: Seventh Annual Stanford Otolaryngology-Head and Neck Surgery Alumni Day, Stanford University Medical Center, Stanford, California. *Contemporary Surgical Therapy for Obstructive Sleep Apnea Syndrome.*
- November 1995: Grand Rounds Lecture Series, Department of Psychiatry, Sleep Disorders Clinic, Stanford University Medical Center, Stanford,

- California. *Contemporary Surgical Evaluation and Therapy for Sleep Related Breathing Disorders.*
- June 1996: Grand Rounds Lecture Series, Sleep Disorders Center, Sequoia Hospital, Redwood City, California. *Surgical Evaluation of an Obstructive Sleep Apnea Patient.*
- August 1996: Grand Rounds Lecture Series, Division of Allergy/Immunology, Department of Medicine, Stanford University Medical Center, Stanford, California. *Overview of Obstructive Sleep Apnea.*
- September 1996: Awake Meeting, Sequoia Sleep Disorders Center, Sequoia Health Services, Redwood City, California. *Contemporary Surgical Therapy for Obstructive Sleep Apnea Syndrome.*
- October 1996: Medical Staff Grand Rounds, Sequoia Health Services, Redwood City, California. *Surgical Therapy for Obstructive Sleep Apnea Syndrome-Beyond Uvulopalatopharyngoplasty.*
- October 1996: Continuing Medical Education, Lecture to Intensive Care Unit and Surgical Ward Nursing Staff, Sequoia Health Services, Redwood City, California. *Contemporary Surgical Evaluation and Therapy for Sleep Related Breathing Disorders.*
- October 1996: Continuing Medical Education, Lecture to Intensive Care Unit and Surgical Ward Nursing Staff, Sequoia Health Services, Redwood City, California. *Obstructive Sleep Apnea: Risk Management and Complications.*
- November 1996: Awake Meeting, Stanford Sleep Disorders Clinic, Stanford University Medical Center, Stanford, California. *Contemporary Surgical Therapy for Obstructive Sleep Apnea Syndrome.*
- March 1997: Annual Cherry Blossom Conference, sponsored by the American Academy of Otolaryngology-Head and Neck Surgery, Obstructive Sleep Apnea- Surgical State of the Art-1997, Washington, D.C. *Genioglossus Advancement and Hyoid Suspension.*
- March 1997: Annual Cherry Blossom Conference, sponsored by the American Academy of Otolaryngology-Head and Neck Surgery, Obstructive Sleep Apnea- Surgical State of the Art-1997, Washington, D.C. *Skeletal Surgeries for Obstructive Sleep Apnea Syndrome.*
- March 1997: San Luis Obispo County Medical Society's radio show "Partners in Health", San Luis Obispo, California. *The Stanford Sleep*

Disorders Clinic and Research Center, Sleep Apnea and Sleep Deprivation.

- April 1997: Santa Clara County Dental Foothill Study Group, Santa Clara, California. *Obstructive Sleep Apnea- Present Perspectives.*
- June 1997: Stanford Health Services, Nursing Continuing Medical Education, Nursing Aspects of ENT/ Thoracic Surgeries, Stanford, California. *Contemporary Management of Obstructive Sleep Apnea Patients.*
- June 1997: Sequoia Health Services, Health & Wellness Community Lecture, Redwood City, California. *Snoring: Social Annoyance or Sign of a Serious Medical Problem.*
- September 1997: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Silver Anniversary Year Lecture Series of a Quarter Century of Sleep Medicine at Stanford University. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Palatal Surgery: Evaluation of Available Techniques.*
- September 1997: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Silver Anniversary Year Lecture Series of a Quarter Century of Sleep Medicine at Stanford University. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Palatal Surgery: Caveats and Pitfalls.*
- September 1997: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Silver Anniversary Year Lecture Series of a Quarter Century of Sleep Medicine at Stanford University. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Nasal Surgery: Available Techniques and Introduction of a New Procedure- Nasal Rim Reconstruction.*
- September 1997: 1st Roma OSAS: Advances on Snoring and Obstructive Sleep Syndrome, Rome, Italy. *Nasal Rim Reconstruction: Evaluation of a New Procedure.*
- September 1997: 1st Roma OSAS: Advances on Snoring and Obstructive Sleep Syndrome. Rome, Italy. Round Table Panel: *May Nasal Surgery Alone Resolve Snoring and Prevent OSAS?*
- September 1997: 1st Roma OSAS: Advances on Snoring and Obstructive Sleep

Syndrome. Rome, Italy. *Comparison of Postoperative Pain Between LAUP, UPPP and Radiofrequency Tissue Volumetric Reduction of the Palate.*

- September 1997: University of Bologna, Neurology Grand Rounds. Special Invitation by Elio Lugaresi, Chairman, Department of Neurology, Chief, University of Bologna Sleep Disorders Center, Bologna, Italy. *Contemporary Surgical Treatment of Sleep Disordered Breathing.*
- September 1997: University of Bologna, Neurology Grand Rounds. Special Invitation by Elio Lugaresi, Chairman, Department of Neurology, Chief, University of Bologna Sleep Disorders Center, Bologna, Italy., *Radiofrequency Tissue Volumetric Reduction: Evaluation of a New Technology for Treatment of Snoring and Sleep Disordered Breathing.*
- October 1997: American Lung Association of the Central Coast sponsored symposium. Sleep Apnea and Beyond: Advances in Sleep Disorders Medicine, Monterey, California. *Contemporary Surgical Treatment of Obstructive Sleep Apnea.*
- October 1997: American Lung Association of the Central Coast sponsored symposium. Sleep Apnea and Beyond: Advances in Sleep Disorders Medicine, Monterey, California. *Radiofrequency Volumetric Soft Tissue Ablation: Early Results in Snoring and Obstructive Sleep Apnea.*
- November 1997: Grand Rounds Lecture Series, University of California, San Francisco, Department of Otolaryngology- Head and Neck Surgery, San Francisco, California. *Contemporary Surgical Treatment of Sleep Disordered Breathing.*
- February 1998: University of Pennsylvania, Center for Sleep Disorders, Fourth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Site Directed Surgical Treatments- Hyoid Myotomy and Suspension.*
- February 1998: University of Pennsylvania, Center for Sleep Disorders, Fourth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Maxillomandibular Advancement Surgery for Obstructive Sleep Apnea Syndrome.*
- February 1998: University of Pennsylvania, Center for Sleep Disorders, Fourth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Evaluation of New Technology:*

Radiofrequency Volumetric Tissue Reduction for Snoring and Obstructive Sleep Apnea.

- June 1998: Stanford Health Services, Nursing Continuing Medical Education, Postoperative Anesthesia Care Unit, Stanford, California. *Contemporary Management of Obstructive Sleep Apnea Patients.*
- July 1998: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Palatal Surgery: Evaluation of Available Techniques.*
- July 1998: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Palatal Surgery: Caveats and Pitfalls.*
- July 1998: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Nasal Surgery: Available Techniques and Introduction of a New Procedure- Nasal Rim Reconstruction.*
- August 1998: School of Sleep Medicine, Palo Alto, California. Review Course for Part I of Sleep Medicine Boards. *Upper Airway Reconstructive Procedures for Sleep Disordered Breathing.*
- September 1998: American Academy of Otolaryngology-Head and Neck Surgery Annual Meeting, San Antonio, Texas. Scientific Original Paper Presentation entitled *Nasal Surgery: Available Techniques and Introduction of a New Procedure- Nasal Rim Reconstruction.*
- September 1998: American Academy of Otolaryngology-Head and Neck Surgery Annual Meeting, San Antonio, Texas. Scientific Original Paper Presentation entitled *Comparison of Postoperative Pain Between LAUP, UPPP and Radiofrequency Tissue Volumetric Reduction of the Palate.*
- October 1998: University of Bologna, Course on Rhoncopathia, Bertinoro, Italy. *Radiofrequency Tissue Volumetric Reduction: Evaluation of a New Technology for Treatment of Snoring and Sleep-Disordered Breathing.*

- October 1998: University of Bologna, Course on Rhoncopathia, Bertinoro, Italy. Keynote Speaker: *The Stanford Surgical Protocol for Sleep-Disordered Breathing.*
- October 1998: University of Bologna, Course on Rhoncopathia, Bertinoro, Italy. *Classic and Modified Uvulopalatopharyngoplasty for Snoring and Sleep-Disordered Breathing.*
- October 1998: University of Bologna, Course on Rhoncopathia, Bertinoro, Italy. *The Uvulopalatal Flap: A New Procedure for A Redundant Velopharynx.*
- October 1998: University of Bologna, Course on Rhoncopathia, Bertinoro, Italy. *Mandibular Osteotomy and Genioglossus Advancement for Hypopharyngeal Obstruction in Sleep-Disordered Breathing.*
- October 1998: University of Bologna, Course on Rhoncopathia, Bertinoro, Italy. *Modified Hyoid Myotomy and Suspension for Hypopharyngeal Obstruction in Sleep-Disordered Breathing.*
- October 1998: University of Bologna, Course on Rhoncopathia, Bertinoro, Italy. *Maxillomandibular Advancement Surgery in Sleep-Disordered Breathing.*
- October 1998: University of Bologna, Course on Rhoncopathia, Bertinoro, Italy. *Upper Airway Reconstructive Surgery: Risk Management and Complications.*
- October 1998: New Jersey Sleep Society, Annual Meeting, New Brunswick, New Jersey. *Upper Airway Reconstructive Surgery for Snoring and Sleep-Disordered Breathing.*
- February 1999: University of Pennsylvania, Center for Sleep Disorders, Fourth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Site Specific Surgical Therapy: Hyoid Myotomy and Suspension and Mandibular Osteotomy with Genioglossus Advancement.*
- February 1999: University of Pennsylvania, Center for Sleep Disorders, Fourth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Evaluation of New Technology: Radiofrequency Volumetric Tissue Reduction for Snoring and Obstructive Sleep Apnea.*

- February 1999: University of Pennsylvania, Center for Sleep Disorders, Fourth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Maxillomandibular Advancement Surgery for Obstructive Sleep Apnea Syndrome.*
- March 1999: School of Sleep Medicine, Palo Alto, California. Advanced Course in Sleep Medicine, Part I. *Upper Airway Reconstructive Procedures for Sleep Disordered Breathing.*
- May 1999: School of Sleep Medicine, Palo Alto, California. Advanced Course in Sleep Medicine, Part I. *Upper Airway Reconstructive Procedures for Sleep Disordered Breathing.*
- June 1999: University of Pavia, Course on Rhoncopathia, Fioli, Italy. *Classic and Modified Uvulopalatopharyngoplasty, uvulopalatal flap and radiofrequency for Snoring and Sleep-Disordered Breathing.*
- June 1999: University of Pavia, Course on Rhoncopathia, Fioli, Italy. *Mandibular Osteotomy and Genioglossus Advancement for Hypopharyngeal Obstruction in Sleep-Disordered Breathing.*
- June 1999: University of Pavia, Course on Rhoncopathia, Fioli, Italy. *Modified Hyoid Myotomy and Suspension for Hypopharyngeal Obstruction in Sleep-Disordered Breathing.*
- November 1999: University of Pavia, Milan, Italy. Seminar on Rhoncopathia 2000. *Surgical Options in the Adult with Obstructive Sleep Apnea.*
- November 1999: University of Pavia, Milan, Italy. Seminar on Rhoncopathia 2000. *General Review of the Uvulopalatal Flap.*
- November 1999: University of Pavia, Milan, Italy. Seminar on Rhoncopathia 2000. *Mandibular Osteotomy with Genioglossus Advancement.*
- November 1999: University of Pavia, Milan, Italy. Seminar on Rhoncopathia. *Short and Long-term Results with Surgery in Sleep-Disordered Breathing.*
- February 2000: Sequoia Hospital, Grand Rounds. Redwood City, California. *Contemporary Treatment of Snoring and Sleep-Disordered Breathing.*
- February 2000: Otolaryngology Update, Otolaryngology Research Foundation & Tripler Army Medical Center, Honolulu, Hawaii. *Interpretation of Sleep Studies.*

- February 2000: Otolaryngology Update, Otolaryngology Research Foundation & Tripler Army Medical Center, Honolulu, Hawaii. *Pre-surgical Evaluation in Sleep-Disordered Breathing.*
- February 2000: Otolaryngology Update, Otolaryngology Research Foundation & Tripler Army Medical Center, Honolulu, Hawaii. *Site Specific Surgical Therapy: Hyoid Myotomy and Suspension and Mandibular Osteotomy with Genioglossus Advancement.*
- February 2000: Otolaryngology Update, Otolaryngology Research Foundation & Tripler Army Medical Center, Honolulu, Hawaii. *Evaluation of New Technology: Radiofrequency Volumetric Tissue Reduction for Snoring and Obstructive Sleep Apnea.*
- February 2000: Otolaryngology Update, Otolaryngology Research Foundation & Tripler Army Medical Center, Honolulu, Hawaii. *Maxillomandibular Advancement Surgery for Obstructive Sleep Apnea Syndrome.*
- February 2000: University of Pennsylvania, Center for Sleep Disorders, Fourth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Site Specific Surgical Therapy: Hyoid Myotomy and Suspension and Mandibular Osteotomy with Genioglossus Advancement.*
- February 2000: University of Pennsylvania, Center for Sleep Disorders, Fourth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Evaluation of New Technology: Radiofrequency Volumetric Tissue Reduction for Snoring and Obstructive Sleep Apnea.*
- February 2000: University of Pennsylvania, Center for Sleep Disorders, Fourth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Maxillomandibular Advancement Surgery for Obstructive Sleep Apnea Syndrome.*
- March 2000: Montana Academy of Otolaryngology-Head and Neck Surgery, Big Sky, Montana. First Annual Spring Meeting. *Evaluation of New Technology: Radiofrequency Volumetric Tissue Reduction for Snoring and Obstructive Sleep Apnea.*
- March 2000: Montana Academy of Otolaryngology-Head and Neck Surgery, Big Sky, Montana. First Annual Spring Meeting. *Hyoid Myotomy and Suspension, Mandibular Osteotomy with Genioglossus Advancement and Maxillomandibular Advancement Surgery for Obstructive Sleep Apnea Syndrome.*

- March 2000: Montana Academy of Otolaryngology-Head and Neck Surgery, Big Sky, Montana. First Annual Spring Meeting. *Pre-surgical Evaluation in Patients with Sleep-Disordered Breathing.*
- April 2000 Stanford University Medical Center, Otolaryngology-Head Neck and Neck Resident Rounds, Stanford, California. *Surgical approaches to upper airway reconstruction in sleep-disordered breathing.*
- May 2000 Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Palatal Surgery: Evaluation of Available Techniques, Caveats and Pitfalls .*
- May 2000: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Polysomnography: What does a surgeon need to know?*
- May 2000: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Overview of Medical Therapy and Surgical Indications.*
- May 2000: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Insurance Issues and 3rd Party Reimbursement.*
- May 2000: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Nasal Surgery: Available Techniques and Introduction of a New Procedure- Nasal Rim Reconstruction.*
- June 2000: Anesthesia Teaching Conference, Stanford University Medical Center, Department of Anesthesiology, Stanford, California. Overview of Obstructive Sleep Apnea Syndrome: Anesthetic Concerns.

- June 2000 Lombardia Region, Azienda Ospedaliera “Mellino Mellini”- Chiari. Course on Rhoncopathy: Nasal Surgery and the Hyoid Suspension.
The Hyoid Myotomy and Suspension: Technique, Results, Caveats and Pitfalls.
- June 2000 Lombardia Region, Azienda Ospedaliera “Mellino Mellini”- Chiari. Course on Rhoncopathy: Nasal Surgery and the Hyoid Suspension.
Nasal Surgery and Sleep-Disordered Breathing.
- June 2000 Lombardia Region, Azienda Ospedaliera “Mellino Mellini”- Chiari. Course on Rhoncopathy: Nasal Surgery and the Hyoid Suspension.
Overview of the Stanford Surgical Protocol for Sleep-Disordered Breathing.
- August 2000: San Carlos Rotary Club, San Carlos, California, *Overview of Snoring and Sleep-Disordered Breathing.*
- September 2000: International Congress: Sleep Medicine on the Eve of the Third Millennium, Bologna, Italy. *Contemporary Surgical Philosophy in Upper Airway Reconstruction in Sleep-Disordered Breathing.*
- December 2000: Chicago Otologic and Rhinologic Society, Chicago, Illinois. *Contemporary Surgical Philosophy in Upper Airway Reconstruction in Sleep-Disordered Breathing.*
- February 2001: University of Pennsylvania, Center for Sleep Disorders, Fifth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Site Specific Surgical Therapy: Hyoid Myotomy and Suspension and Mandibular Osteotomy with Genioglossus Advancement.*
- February 2001: University of Pennsylvania, Center for Sleep Disorders, Fifth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Evaluation of New Technology: Radiofrequency Volumetric Tissue Reduction for Snoring and Obstructive Sleep Apnea.*
- February 2001: University of Pennsylvania, Center for Sleep Disorders, Fifth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Maxillomandibular Advancement Surgery for Obstructive Sleep Apnea Syndrome.*

- April 2001: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *The Basis of Objective Evaluation of Sleep.*
- April 2001: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *The Treatment Approach in Children with Sleep-Disordered Breathing.*
- April 2001: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Overview of Medical Therapy and Surgical Indications.*
- April 2001: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Rationale and Treatment Approaches to Nasal Obstruction in Sleep-Disordered Breathing.*
- April 2001: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea. *Treatment Approach to Retropalatal Obstruction.*
- August 2001: New Mexico Society of Otolaryngology-Head and Neck Surgery, First Annual Meeting, St. Vincent Hospital, Santa Fe, New Mexico. *Contemporary Surgical Options for Sleep-Disordered Breathing.*
- August 2001: New Mexico Society of Otolaryngology-Head and Neck Surgery, First Annual Meeting, Santa Fe, New Mexico. *Predictive Value of the Müller Maneuver for Determining Site of Obstruction in Sleep-Disordered Breathing.*
- October 2001: Graduate Medical Education Lecture, Las Vegas, Nevada. *Contemporary Surgical Options for Sleep-Disordered Breathing.*
- October 2001: Arizona Society of Otolaryngology-Head and Neck Surgery, Annual Meeting, Scottsdale, Arizona. *Contemporary Surgical Options for Sleep-Disordered Breathing.*

- November 2001 American Lung Association of the Central Coast, California Thoracic Society, Advances in Sleep Disorders Medicine, Monterey, California. *Role of Radiofrequency Ablation in the Treatment of Sleep Apnea & Snoring.*
- November 2001 American Lung Association of the Central Coast, California Thoracic Society, Advances in Sleep Disorders Medicine, Monterey, California. *Surgical Treatment of Obstructive Sleep Apnea.*
- February 2002: Summerlin Hospital, Community Education Lecture Series, Las Vegas, Nevada. *Sleep Disorders in the Community.*
- February 2002: University of Pennsylvania, Center for Sleep Disorders, Fifth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Hyopharyngeal Surgery for Sleep-Disordered Breathing..*
- February 2002: University of Pennsylvania, Center for Sleep Disorders, Fifth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Panel: Treatment of Patients with Sleep-Disordered Breathing.*
- February 2002: University of Pennsylvania, Center for Sleep Disorders, Fourth Annual, Advances in Diagnosis and Treatment of Sleep Apnea and Snoring, Orlando, Florida. *Maxillomandibular Advancement Surgery for Obstructive Sleep Apnea Syndrome.*
- May 2002 American Lung Association, 17th annual Respiratory Health Conference, Las Vegas, Nevada. *Surgical Therapy for Obstructive Sleep Apnea.*
- May 2002 American Sleep Diagnostic Lecture Series, Phoenix, AZ. *Advances in the Diagnosis, Medical & Surgical Therapy for Obstructive Sleep Apnea.*
- September 2002 Pediatric Grand Rounds, Sunrise Hospital, Las Vegas, Nevada. *Advances in the Diagnosis, Medical & Surgical Therapy for Pediatric Sleep-Disordered Breathing.*
- October 2002 Nashville Otolaryngology Society, Vanderbilt University, Nashville, Tennessee. *Contemporary Surgical Concepts in Sleep-Disordered Breathing.*

- October 2002 Dangerous Sleep Symposium, University of South Florida, St. Petersburg, Florida. *Somnoplasty: Does it work?*
- October 2002 Dangerous Sleep Symposium, University of South Florida, St. Petersburg, Florida. *Maxillo-Mandibular Advancement- How aggressive to be?*
- November 2002 Denver Otolaryngology Society, Denver, Colorado. *Radiofrequency in Upper Airway Reconstruction.*
- November 2002 Italian Otolaryngology Society, Lecce, Puglia, Italy. *Multi-level Obstruction in Sleep-Disordered Breathing.*
- November 2002 Italian Otolaryngology Society, Lecce, Puglia, Italy. *Objectives of Upper Airway Reconstruction in Sleep-Disordered Breathing.*
- November 2002 Italian Otolaryngology Society, Lecce, Puglia, Italy. *The Role of Maxillomandibular Advancement Surgery in Obstructive Sleep Apnea Syndrome.*
- November 2002 Italian Otolaryngology Society, Lecce, Puglia, Italy. *Radiofrequency in Upper Airway Reconstruction in Sleep-Disordered Breathing.*
- November 2002 Italian Otolaryngology Society, Lecce, Puglia, Italy. *An Upper Airway Reconstruction Protocol for Sleep-Disordered Breathing.*
- November 2002 Italian Otolaryngology Society, Lecce, Puglia, Italy. *Future Considerations in Upper Airway Reconstruction for Sleep-Disordered Breathing.*
- February 2003 International Association of Orofacial Myology. Panel: *Upper Airway Reconstruction and Sleep-Disordered Breathing.*
- May 2003 American Lung Association, 18th annual Respiratory Health Conference, Las Vegas, Nevada. *Surgical Therapy for Obstructive Sleep Apnea.*
- July 2003 Graduate Medical Education Lecture, St. Rose Hospital, Las Vegas, Nevada. *Overview of Sleep Medicine.*
- September 2003 Dangerous Sleep Symposium, University of South Florida, St. Petersburg, Florida. *Surgical Treatment of Obstructive Sleep Apnea.*
- November 2003 University of Bologna, Course on Rhoncopathia, Bertinoro, Italy.

Maxillomandibular Advancement Surgery in Sleep-Disordered Breathing.

- March 2004 Las Vegas Sleep Apnea Symposium, Sunrise Hospital, Las Vegas, Nevada. *Overview of Diagnosis and Management of Obstructive Sleep Apnea.*
- March 2004 Grand Rounds Graduate Medical Education, Summerlin Hospital, Las Vegas, Nevada. *Overview of Diagnosis and Management of Sleep-Disordered Breathing.*
- April 2005 Combined Otolaryngology Spring Meeting, American Academy of Facial Plastic & Reconstructive Surgery Boca Raton, Florida. Evaluation of a new procedure for autologous lip augmentation: The pericranial graft.
- September 2005 US Army Medical Command, Tacoma, Washington. Multidisciplinary Management of Obstructive Sleep Apnea. *Hypopharyngeal Reconstructive Surgery.*
- September 2005 US Army Medical Command, Tacoma, Washington. Multidisciplinary Management of Obstructive Sleep Apnea. *Skeletal Reconstructive Surgery.*
- September 2005 Chronic Rhonchopathia: New Perspective of the Minimal Invasive Therapy, Lago di Iseo, Italy *Overview of Diagnosis and Management of Sleep-Disordered Breathing.*
- September 2005 Otolaryngology Update, Dokuz Eylul University, Izmir, Turkey. *Hypopharyngeal Reconstructive Surgery.*
- September 2005 Otolaryngology Update, Dokuz Eylul University, Izmir, Turkey. *Skeletal Reconstructive Surgery.*
- August 2007 Current Concepts in Sleep 2007, University of South Florida, Tampa, Florida. *Surgical Treatment of Obstructive Sleep Apnea.*
- August 2007 Current Concepts in Sleep 2007, University of South Florida, Tampa, Florida. *Sleep, Fatigue and Performance.*
- April 2008 The Aesthetic Show, Las Vegas, Nevada. *DOT Therapy Fractional CO2 Laser Skin Resurfacing.*
- May 2008 Eclipse Laser Seminar, Newport Beach, California. *DOT Therapy Fractional CO2 Laser Skin Resurfacing.*

- October 2008 Eclipse Laser Seminar, Dallas, Texas. *DOT Therapy Fractional CO2 Laser Skin Resurfacing.*
- October 2008 Eclipse Laser Webinar, Dallas, Texas. *DOT Therapy Fractional CO2 Laser Skin Resurfacing.*
- November 2008 Age Management Medicine Conference, Las Vegas, Nevada. *Facial Rejuvenation with Advanced Dermal Fillers- Patient Demonstration.*
- November 2008 3rd Annual Cosmetic Conference, Las Vegas, Nevada. *DOT Therapy Fractional CO2 Laser Skin Resurfacing- Patient Demonstration.*
- November 2008 3rd Annual Cosmetic Conference, Las Vegas, Nevada. *A New Concept- Water-Jet Assisted Liposuction & Facial Fat Grafting.*
- January 2009 American Academy of Cosmetic Surgery, *DOT Therapy Fractional CO2 Laser Skin Resurfacing.*
- January 2009 American Academy of Cosmetic Surgery, *Water-Jet Assisted Liposuction- A New Concept in Liposuction & Fat Grafting.*
- January 2009 American Society of Plastic Surgery/American Society of Aesthetic Plastic Surgery, Expanding Horizons: New Paradigms in Aesthetic Surgery of the Face and Breast Symposium, Las Vegas, Nevada. *DOT Therapy Fractional CO2 Laser Resurfacing- Patient Demonstration.*
- June 2009 The Aesthetic Show 2009, Las Vegas, Nevada. *Shape Your Bottom Line with Body-Jet Liposuction and Smartxide DOT Therapy.*
- October 2009 California Academy of Cosmetic Surgery, 11th Annual Conference, *Liposuction Update 2010*, San Diego, California. *Water-Jet Assisted Liposuction, Body & Face Fat Grafting.*
- February 2010 California Society of Facial Plastic Surgery, 2010 Winter Forum on Latest Advances in Facial Plastic Surgery, Lake Tahoe, California, *Water-Jet Assisted Liposuction, and Facial Fat Grafting.*
- May 2010 Medical Symposium, Sound Surgical Technologies and Luminus, Scottsdale, Arizona, *Ultrasound-Assisted (VASER) Liposuction, and Facial and Body Fat Grafting.*

- December 2010 Anti-Aging Medicine Conference, Annual Meeting, Las Vegas, NV. Fractional microablative CO2 laser skin resurfacing: Aesthetic results of 100 consecutive patients
- January 2011 American Academy of Cosmetic Surgery, Scottsdale, Arizona
Comparing liposuction techniques using suction-assisted liposuction, water-jet assisted, and ultrasound assisted in 150 patients.
- January 2011 American Academy of Cosmetic Surgery, Scottsdale, Arizona
Comparing facial and body fat grafting outcomes using suction-assisted liposuction, water-jet assisted, and ultrasound assisted in 90 patients.
- January 2012 American Academy of Cosmetic Surgery, Las Vegas, Nevada
Evaluation of efficacy of four non-invasive body contouring devices in a randomized cross-over study-Preliminary Results.
- March 2012 California Society of Facial Plastic Surgery, 2012 Winter Forum on Latest Advances in Facial Plastic Surgery, Lake Tahoe, California, Autologous Fat Harvesting, Fat Processing, Adipose Derived Regenerative & Stem Cells and Facial Fat Grafting Techniques.
- April 2012 The Aesthetic Show 2012, Las Vegas, Nevada. Evaluation of efficacy of four non-invasive body contouring devices in a randomized cross-over study-Preliminary Results.
- June 2012 The Aesthetic Show 2012, Las Angeles, California. Evaluation of a novel technology to improve outcome for Intense Pulse Light (IPL) treatments: The Skintel Melanin Reader

COURSE ORGANIZER & COORDINATOR

- September 1997: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Silver Anniversary Year Lecture Series of a Quarter Century of Sleep Medicine at Stanford University. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea.
- July 1998: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea.

- May 2000: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea.
- April 2001: Stanford Sleep Disorders Clinic and Research Center, Stanford University School of Medicine, Stanford, California. Surgical Seminar entitled Contemporary Concepts and Techniques in Obstructive Sleep Apnea.
- December 2008 The Center of Advanced Liposuction & The Center of Excellence of Facial Plastic & Reconstructive Surgery, Las Vegas, Nevada. Surgical Seminar entitled DOT Therapy and Water Jet Assisted Liposuction.
- February 2009 The Center of Advanced Liposuction & The Center of Excellence of Facial Plastic & Reconstructive Surgery, Las Vegas, Nevada. Surgical Seminar entitled DOT Therapy and Water Jet Assisted Liposuction.
- April 2009 The Center of Advanced Liposuction & The Center of Excellence of Facial Plastic & Reconstructive Surgery, Aliso Viejo, California. Surgical Seminar entitled DOT Therapy and Water-Jet Assisted Liposuction.
- February 2010 The Center of Advanced Liposuction & The Center of Excellence of Facial Plastic & Reconstructive Surgery, Newport Beach, California. Surgical Seminar entitled Water-Jet Assisted Liposuction, Body & Facial Fat Grafting.
- July 2010 The Center of Advanced Liposuction & The Center of Excellence of Facial Plastic & Reconstructive Surgery, Palo Alto, California, Sound Surgical Technologies, Ultrasound-Assisted (VASER) Liposuction, and Facial and Body Fat Grafting.
- October 2010 The Center of Advanced Liposuction & The Center of Excellence of Facial Plastic & Reconstructive Surgery, Laguna Beach, California, Sound Surgical Technologies, Ultrasound-Assisted (VASER) Liposuction, and Facial and Body Fat Grafting.
- February 2011 The Center of Advanced Liposuction & The Center of Excellence of Facial Plastic & Reconstructive Surgery, Laguna Beach, California, Sound Surgical Technologies, Ultrasound-Assisted (VASER) Liposuction, VASER Shape Non-Invasive Body

Sculpting, Facial and Body Fat Grafting and the Pure Graft Lipodialysis System.

- January 2012 Touro University Nevada, and The Center of Advanced Liposuction & The Center of Excellence of Facial Plastic & Reconstructive Surgery, CME Live Surgical Workshop, Las Vegas Nevada, Advanced Liposuction, Facial & Body Fat Grafting, and Non-invasive Body Contouring.
- August 2012 The Institute for Advanced Body Sculpting, Live Surgical Workshop, Las Vegas Nevada, Comprehensive Cellulite Treatment: Invasive and Non-invasive Technologies with fat and stem cell grafting and platelet rich plasma preparation.
- September 2012 Touro University Nevada, and The Institute for Advanced Body Sculpting, Live Surgical Workshop, Las Vegas Nevada, Comprehensive Cellulite Treatment: Invasive and Non-invasive Technologies with fat and stem cell grafting and platelet rich plasma preparation.

MULTIMEDIA

Television Interviews/Stories

- September 1984 WABC, Tampa, Florida- News segment. *Personal impressions of first days of medical school.*
- July 1989 Armed Forces Radio & Television Service and CNN, Cubi Point Naval Air Station, Philippines- News segment. *US Navy military and medical response to the devastating Philippine earthquake.*
- July 1989 Armed Forces Radio & Television Service, Cubi Point Naval Air Station, Philippines –News segment. *US Navy medical personnel celebrate the successful extraction and medical treatment of an earthquake survivor. Dr. Robert Troell receives a meritorious service medal for his role in risking his life to save the trapped earthquake victim.*
- December 1990 WNBC-“911”- News segment, New York, New York. A night in the emergency room at San Francisco General Hospital on New Years eve.
- April 1999 WABC, San Francisco, California- New medical technology: *Radiofrequency tissue reduction for snoring and obstructive sleep apnea.*

- June 2001 WNBC, New York, New York- “Dateline”- Special report. *The road to danger: The comparative risks of driving while sleepy.*
- October – Dec 2001 WABC, Channel 13, “Doctor Talk”, staff physician and surgeon, Weekly television show. *Otolaryngology-Head and Neck Surgery, Plastic and Reconstructive Surgery topics.*
- December 2001 WABC, Channel 13, Las Vegas, Nevada, Health News segment. *Radiofrequency tissue reduction of the soft palate for snoring.*
- August 2002 WNBC, Channel 3, Las Vegas, Nevada, Health News segment. New surgical techniques for snoring: *The uvulopalatal flap and radiofrequency tissue reduction of the soft palate.*
- Summer 2006 Documentary: *Skin City: The Evolving Face of Las Vegas*, Las Vegas, Nevada.
- Spring 2006 Fox Five News, Channel 5, Las Vegas, Nevada. Health News Segment. *Sleep Paralysis.*
- January 2011 The Doctors show, “*Cure It In No Time*”: *Vaser Shape- a noninvasive ultrasound technique for cellulite treatment and localized lipoadiposity treatment*

Radio Interviews

- March 1997: San Luis Obispo County Medical Society’s radio talk show “Partners in Health”, San Luis Obispo, California. *The Stanford Sleep Disorders Clinic & Research Center, sleep apnea and sleep deprivation.*
- September 1999 WABC, Washington, DC- Talk show: *Interactive sleep disorders discussion highlighting neurobehavioral alterations and the risk of motor vehicle accidents.*
- March 2001 KGO-NBC, San Francisco, California- Talk show: *The Stanford Sleep Disorders Clinic & Research Center, sleep disorders, neurobehavioral alterations and the risk of motor vehicle accidents.*

Community Volunteer Work

- 2006-2007 Board of Directors, Opportunity Village, Las Vegas, Nevada
- 2006 – 2009 Therapy Dog's, Las Vegas, Nevada
- 2005 – present Las Vegas Wranglers Hockey Team, Team Physician,